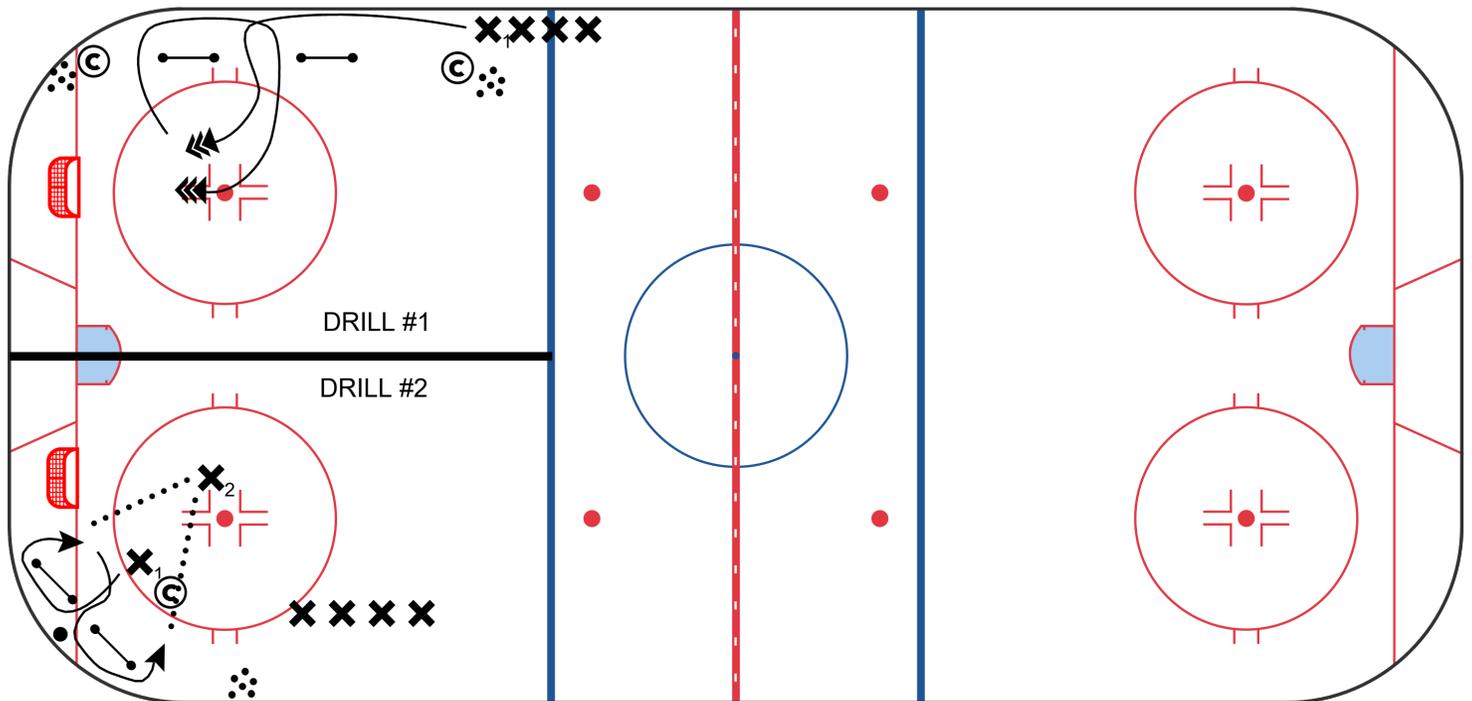




Wall Work - Skating Escape - Scoring



Description

Drill #1

- X1 skates down the wall. Coach can pass or rim up the wall. X1 collects puck and attacks middle ice for a shot.
- X1 turns towards the boards and comes up the boards. Coach can pass or rim puck down the wall.
- X1 collects puck and attacks middle ice for a shot.

Drill #2

- Coach chips puck into corner. X1 collects puck. Fake one way and cut back towards the net.
- X1 pass the puck to X2 in the slot for a shot. X1 retrieves a second puck and this time fakes and exits towards the blue line.
- X1 pass the puck to X2 for second shot. Focus on X1 skating hard out of corner to escape the opposing defenders.